



For more information: (636) 584-8724

In response to the COVID-19 Crisis and in our effort to provide consistent support to our community, Preferred Family Healthcare's Team of Concern program will be offering a schedule of telehealth group opportunities via Google Meet for elementary, middle and high school students.

Monday 4/6	Tuesday 4/7	Wednesday 4/8	Thursday 4/9	Friday 4/10	Age Group	Google Meet Link	Google Phone #
9-10am Kindness/ Teamwork/ Cooperation with Bree	9-10am Coping Skills/ Mindfulness with Kayla	9-10am Self Regulation/ Appropriately Express Emotions with Leah	9-10am Self Care/Hygiene/ Positive Activities with Leah	9-10am Anger Management/ Conflict Resolution with Caite	Elementary School Groups	meet.google.com/leay-nkri-djw	1-414-939-3421 PIN: 837 294 848 #
11-12 Positive Activities/ Boundaries due to COVID19 with Bree	11-12 Self Care/Self Esteem with Kayla	11-12 Communication Conflict Resolution with Leah	11-12 Self Regulation/ Coping Skills with Leah	11-12 Anxiety/Stress Management with Caite	Middle & High School Groups	meet.google.com/luxu-tbfd-fjm	1-443-607-2202 PIN: 984 495 489 #
5p-6p Decision Making Problem Solving with Laura		5p-6p Anger Management Conflict Resolution with Laura		5-6 Communication and Healthy Relationships with Laura	Elementary School Groups	meet.google.com/kyr-osdp-rsq	1-209-764-5625 PIN: 257 341 826 #

For Information about specific groups use the appropriate contact below:

Bree 314-448-3940	Kayla 314-683-3146	Leah 314-305-8627
Caite 314-458-5379	Laura 314-766-1745	Monica 636-388-8720