

Happy New Year!

Title 1 Tidbits January 2024

Third quarter is one of the hardest, slowest quarters of school. Students struggle to stay on top of assignments and grades tend to drop. Teachers find it difficult to motivate their students to succeed. Here are some ways to help avoid the third quarter slump....

- ✓ **Set new goals for second semester** ~ Help your child make sure goals are specific and achievable. Pick goals that are within their reach and set a date to check their progress.
- ✓ **Promote Success** ~ Help your child choose a reward to work toward when a goal is achieved.
- ✓ **Encourage your child to talk** ~ If children are feeling overwhelmed let them know it is okay to talk to you and their teachers.
- ✓ **Take a first things first approach** ~ Let your child know that homework is important and should be finished before watching TV or playing video games.
- ✓ **Get organized** ~ Help your child with organizing and planning how to stay on top of their work. *Remember, younger students may need extra guidance. Help them organize their backpacks and look through their binders each evening for homework and notes from the teacher.*
- ✓ **Stay involved** ~ Engage in mutual problem solving. Don't scrutinize everything your child does and be sure to talk to your child and not at them.
- ✓ **Don't forget to Celebrate their achievements** ~ Give them their reward and allow your child to just breathe and relax. Hopefully they will be motivated and more determined to achieve their next goal!

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Sources: <https://grownandflown.com/3rd-quarter-slump-tips-for-parents/>
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